

RSHE and PSHE at Saltersgate Infant School



You may be aware that over the last couple of years the government has issued guidance about the way that we teach PSHE. Although there were no huge changes to the way that we approach each area within the PSHE curriculum, we also undertook consultation of our school community to ensure that we had the best possible curriculum and one that reflects the broad values, beliefs and diversity of all. Now we are over a year into our new curriculum we felt it an appropriate time to resend details of our PSHE curriculum to provide you with the information to understand what is taught to your child and an opportunity to give feedback on this.

What is it?

- Personal, Social and Health Education (PSHE) now incorporates Relationships, Sex and Health Education (RSHE) within these lessons. Given the age of our children at Saltersgate there are no significant changes. Please see the overview to see what we will be covering.

Lessons will be about:

- Families and friendships
- Forming healthy relationships
- Physical health and mental wellbeing
- Exploring personal identity and emotions
- Identifying stereotypes and prejudice
- Reducing discrimination and bullying
- Celebrating diversity and promoting equity
- Learning about community and governance



What we would like from you

- 1) Please look over the overview which shows the range of topics being explored across the school
- 2) Complete the survey to share your thoughts
- 3) Let us know if you'd like to be part of any online focus group should the need arise
- 4) Contact us directly, if you have any further questions at admin@saltersgate-inf.doncaster.sch.uk

Thank you.



Overview of our new curriculum

Family

Yr1

- Understand own family
- Know that we should feel safe and receive kindness when with our families (although not everyone does)
- Understand acceptable behaviour at home and at school
- Understand that families change
- Practice saying no (consent)
- Know how to report concerns
- Understand that families are diverse

Friends

Yr2

- Learn how to be a kind friend
- Identify the features of good friends
- Identify 'bossy' friendships
- Identify bullying

Online safety

Yr1

- Screen time and understanding there needs to be a healthy balance of time spend online and offline
- Personal information and the importance of keeping our details private
- Understand that people online are strangers

Community

Yr2

- Contribute to a happy school
- Consider their wider community
- Understand the equality of expectations for boys and girls
- Learn about gender. What makes a boy or a girl?

Mental Wellbeing and Growing up

Yr1

- Talk about feelings
- Consider the range of moods that we experience
- Resolve arguments
- Begin to gain a sense of self
- Learn how our bodies change over time (linked to science)

Physical health

Yr2

- Learn how to exercise
- Identify healthy foods
- Learn how to keep clean
- Identify and avoid dangers